


RITUALS & TREATMENTS

 Areenaspa | 064 684 7784 | areenaspa2@gmail.com | OPEN: Monday to Saturday 09:00 to 17:00

Facial Rituals & Treatments

HYDRATING & REJUVENATING FACE RITUAL 60 min R400

An anti-oxidant treatment to help minimize the appearance of fine lines and wrinkles, while feeding the skin with deep hydration and nourishment.

BALANCING BEAUTY FACE RITUAL 60 min R400

An effective skin treatment developed to restore, purify and revitalise the skin with the use of Neroli and Rose essential oils.

MENS FACIAL TREATMENT 60 min R400

To energise, balance and protect the skin on a deeper level, with Neroli and Rose balancing serum. Your skin will be noticeably brighter and revitalised.

CLEAN & CLEAR TEEN FACIAL TREATMENT 60 min R350

To help regulate oil secretion whilst refining pores with this deep cleansing facial. Unique natural serums are used to encourage healing, decongestion and clear skin.

THE QUICK TREAT FACIAL RITUAL 30 min R300

This facial treatment is specially designed for the time conscious and is tailored to your specific skin care needs.

Gorgeous Eyebrows & Eyelashes

Eyebrow tint	R60	Eyebrow & eyelash tint	R120
Eyelash tint	R80	Eyebrow, eyelash tint & wax	R160

Waxing Services

Lip	R60	Face	R160
Chin	R60	Half leg	R140
Eyebrow	R60	Three quarter leg	R160
Underarm	R80	Full leg	R180
Half arm	R100	Full Leg incl. basic bikini	R250
Full arm	R140	Hollywood	R200
Basic bikini	R120	Chest/back	R200
Brazilian	R160		

Gel Nails

Gel overlay - hands	R200
Gel overlay - feet	R200
Soak off	R70

Treat your Hands

BUFF & POLISH 30 min R150

Reshape and buff nails with an application of nail varnish.

MANICURE 60 min R190

A classic manicure to reshape the nails, neaten up the cuticles and massage moisture into the hands. Finished with a fresh coat of varnish.

GEL-IT MANICURE 75 min R220

A classic manicure with the application of Gel-It polish.

HANDPRINT CEREMONY 60 min R220

Intensive therapy for dry hands. Hands are soaked, gently exfoliated, cuticles perfected, nails clipped, reshaped, buffed and polished. Your hands will be moisturised by a hydrating hand mask and massage. Finished with a fresh coat of Varnish.

PARAFFIN MANICURE 60 min R220

Heat therapy paraffin wax combined with a classic manicure to leave your hands feeling silky soft.

Treat your Feet

FOOT SOAK 30 min R100

A warm foot soak, gentle exfoliation, removal of dead skin and a foot massage.

BUFF & POLISH 30 min R150

Reshape and buff nails with an application of nail varnish.

PEDICURE 60 min R220

A classic pedicure to refresh feet with a soak and gentle exfoliation. Cuticles are perfected, nails are clipped, reshaped, buffed and polished. Finished with a fresh coat of Varnish.

GEL-IT PEDICURE 75 min R220

A classic pedicure with the application of Gel-It polish.

FOOTPRINT CEREMONY 90 min R300

Spoil yourself and treat your feet. Dry heels and tired feet will be soaked while you enjoy a scalp massage. Feet are gently exfoliated, nails clipped, cuticles perfected, and hard skin is gently removed. Enjoy the hydrating foot mask, massage and a fresh coat of Varnish.

PARAFFIN PEDICURE 90 min R250

Heat therapy paraffin wax combined with a classic pedicure to leave your feet feeling silky soft.

HUMAN KIND SPECIALISED PEDICURE 90 min R250

Classic pedicure which includes a Human Kind foot peel, to remove dead skin cells from the soles of your feet, a foot soak and rejuvenating foot massage. Your feet will feel smoother and softer.

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Massage Rituals

REFLEX FOOT MASSAGE	30 min	R150
LEG AND FOOT MASSAGE	30 min	R300
INDIAN HEAD MASSAGE	30 min	R200
BACK, NECK & SHOULDER MASSAGE	30 min	R250

PURE BLISS BACK MASSAGE 45 min R300
A back, neck, scalp & shoulder massage to release tension, invigorate and rejuvenate a tired back.

SWEDISH FULL BODY MASSAGE 60 min R400
A Swedish massage to invigorate your muscles, increase blood circulation and release your tension.

AROMATHERAPY FULL BODY MASSAGE 60 min R420
A wonderfully relaxing massage enhanced with the benefits of essential oils to relax and heal your body and mind.

AROMATHERAPY 90 min R500
A Full body massage with essential oils including the scalp and reflex foot massage.

HOT STONE BACK MASSAGE 30 min R300
HOT STONE FULL BODY 60 min R450

HOT STONE FULL BODY 90 min R550
Massage therapy with hot stones soothe the soul, reduces stress and promotes deep relaxation.

Packages

PURE BEING MASSAGE 90 min R600
A full body massage including an express facial and scalp massage.

BODY POLISH & WRAP 120 min R700
Body polishing scrub, body wrap and body massage.

PURE ESSENTIAL TREATS 60 min R500
Back, neck & shoulder massage, Indian head massage and Reflex foot massage.

BEAUTY DAY 5 hours R1200
Full body massage, facial, pedicure, manicure and scalp massage including lunch and beverages.

RELAX DAY 5 hours R1100
Full body polishing scrub, full body massage, facial, pedicure and scalp massage including lunch and beverages.

DESTRESS DAY 6 hours R1400
Full body polishing scrub & body wrap, full body massage, facial, pedicure, manicure and scalp massage including lunch and beverages.

Add on treatments

Back polishing scrub	15min	R50
Body polishing scrub	30min	R100

Special Notes

LATE ARRIVALS: in fair consideration to all clients, your treatment duration will be reduced accordingly, unless we can accommodate the late arrival within the spa schedule.

ALLERGIES/ILLNESS: Please be sure to inform your therapist of any known allergies or current illnesses that may affect your treatment.

CANCELLATIONS: 24hour advance notice is required for cancellations. We will assist in rescheduling your appointment where possible.

Prices are subject to change without prior notice.

Couple treatments available on request and booked in advance.

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